

Download Help My Child Is Adhd A Journey In Parenting An Add Adhd Child

Help! My Child Is ADHD! a Journey in Parenting an Add - ADHD Child [Lydia L. Herrera] on Amazon.com. *FREE* shipping on qualifying offers. With wit and gentleness, Lydia recounts her sensitive perceptions of the ups and downs, rewards and frustrations of life with her ADHD (Attention Deficit with Hyperactivity) child. The beginning quote sets the tone As the mother of an adult ADHD son, Lydia Herrera has been in the trenches where you may now find yourself. She has experienced first-hand the frustrations, challenges, and self-doubts as well as the joys that you may be experiencing in your life as a parent of an ADD or ADHD child. You're often told that a good way to help your child with ADHD is to have a set schedule. But if you have learning and attention issues, making and following schedules can be tricky. So yes, set up a schedule. But give yourself the freedom to switch things up if the schedule itself is overwhelming. Parenting a Child with ADHD While ADHD is believed to be hereditary, effectively managing your child's symptoms can affect both the severity of the disorder and development of more serious problems over time. Early intervention holds the key to positive outcomes for your child. The earlier you address your child's problems, the