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Relief from Irritable Bowel Syndrome Self Hypnosis CD / MP3 and APP (3 IN 1 PURCHASE!) - Ease Symptoms of IBS Using the Power of Your Mind With This Hypnotherapy CD 4.1 out of 5 stars 8Buy Relief from Irritable Bowel Syndrome Self Hypnosis CD / MP3 and APP (3 IN 1 PURCHASE!) - Ease Symptoms of IBS Using the Power of Your Mind With This Hypnotherapy CD on Amazon.com FREE SHIPPING on qualified ordersA new study shows that hypnotherapy might help relieve irritable bowel syndrome (IBS) complaints for some patients for as long as nine months after the end of treatment. The study, a randomized ...Gut-directed hypnotherapy is an emerging treatment for irritable bowel syndrome (IBS) that research shows can offer long-lasting relief. Can Hypnotherapy Help to Cure Irritable Bowel Syndrome ...